



PACKING LIST

The following list, recommended for ALL campers (except Taste of CYJ campers), is based on careful thought and experience. It takes into account the climate and the fact that we will do laundry TWICE a session. Shelf space is limited, and extra clothing makes it difficult for the bunk to remain clean, organized, and uncluttered. Therefore, we ask that you abide by this list, making certain that ALL of your child's clothing and belongings are labeled with your child's full name. For international campers, we provide those items marked with an asterisk (*).

EVERY DAY CLOTHING

This should be simple, casual, modest clothing that you won't mind getting dirty

- 14-16 pairs of underwear and socks
- 3-5 bras/sports bras
- 3 sets pajamas
- 14-16 short-sleeved shirts
- 3 long-sleeved shirts
- 2-3 sweatshirts or fleece pullovers
- 10 pairs of shorts
- 3 pairs of jeans/long pants
- 1 light weight jacket or fleece
- 1 plain white t-shirt for tie-dye
- 1 Raincoat/Poncho

SWIM/OUTDOOR GEAR

- 2-3 beach towels*
- 3 swimsuits (one piece or tankini for girls, please)
- Goggles
- Lots of sunscreen
- Bug Spray
- 2 hats (not visors): Campers are required to wear hats every day for sun protection

SHABBAT CLOTHING

- 2 Shabbat outfits for Friday evenings (please pack white tops for Friday evening)
- 2 Kippot

BEDDING

- 1 sleeping bag* (for full session campers)
- 1 blanket*
- 1 pillow*
- 2 sets of twin sheets/pillowcases*

LETTER WRITING

- Pens/pencils
- Postcards/stationary/stamps and/or preprinted blank eLetters
- Bag to store letter writing materials and letters received

FOOTWEAR

- 1 pair tennis shoes (sneakers)
- 1 pair shoes that can get wet (sandals/pool clogs/flip-flops)
- 1 pair Rain Boots or old shoes for rainy days

BATH

Toiletries are different for boys, girls, and for different ages; be sure to send enough to last the entire session.

- 3 bath towels*
- Brush/Comb and hair ties
- Shower tote
- Toiletries including:
 - o Toothbrush
 - o Toothpaste
 - o Soap
 - o Shampoo/Conditioner
 - o Deodorant
 - o Feminine Hygiene Products

EQUIPMENT

- 2 laundry bags
- 2 water bottles
- Day pack or backpack
- 1 Flashlight with extra batteries
- Extra pair of glasses/contacts + solution

OPTIONAL ITEMS

- Camera
- Sunglasses
- Baseball Glove
- Playing cards and/or Travel Games
- Books/Book Light
- Comfort Item (stuffed animal, etc)
- Photos of family, friends, pets
- Watch

PACKING TIPS

Packing for camp is the start of your child's independent camp experience. Please have your child participate in packing for camp so that he/she knows where to find his/her clothing and other items. Campers who don't participate in packing often don't know what they have or where to find things at camp, which makes it harder to get acclimated to camp and to keep track of belongings.

BAGS



We suggest duffel bags for packing. Once the kids are unpacked, it is much easier for us to store duffel bags than suitcases or bags with wheels. Bags will be inaccessible until the end of session. The best plan is to use two duffels: one for clothing and one for bedding and beach/bath towels. Please make sure that all of your camper's things fit **INSIDE** the duffels and are not attached or tied to the outside. We also ask that you send your campers with a backpack (like one they might take to school). It is used to pack for both campouts and Closing Day, so that campers can leave out the few things they need after they have packed their duffels.

LABELING



Please label all items (even underwear and socks). We are not responsible for any lost items. If any found items have a name that is clearly marked (no initials), we will do our best to get them back to you. You may be billed for postage. To order labels, login to your [CampInTouch](#) account and click on Camper Clothing Labels.

SHABBAT ATTIRE



Since Shabbat is a special time, we "dress up" on Friday evenings. We ask that everyone bring nice plain white shirts for Friday night Shabbat. Nice pants or skirts can be worn with the white shirt (pants/skirts do not need to be white).

CELL PHONES



We continue to enforce a no-cell-phone policy at CYJ. For campers traveling by air, electronic devices, cell phones, and travel documents will be held in the camp office safe and return them at the end of the session.

LAUNDRY



We offer laundry service twice a session (once for Noar Aleph campers). We suggest that parents teach children how to make their beds and put their dirty clothes inside their laundry bags before they come to camp. This will make their daily cabin clean up (nikayon) and laundry days so much easier!

WHAT NOT TO PACK



- Tight/revealing clothing or clothes that advertise cigarettes, alcohol, sex or drugs
- Electronics (except a non-Internet iPod or digital camera)
- Food
- Valuables/jewelry
- Matches, lighters, fireworks, candles
- Silly string, or slingshots
- Cell Phones

BEDWETTING



Our staff is trained in how to handle bedwetting issues. They know that bedwetting can happen & staff are taught to be discreet in such cases. The staff ensures that the camper's sheets are washed while the campers are out of the cabin. If you anticipate a case of bedwetting, please pack one extra set of sheets and let camp know that bedwetting may occur.

Questions?

Email office@cyjmid.org or call 224-235-4665